



Forth Cruising Club Limekilns



Regatta Weekend Sat 26th & Sun 27th July 2025

Sailing Instructions

1.0 GENERAL INSTRUCTIONS

1.1 Organising Authority

The organising authority is the Forth Cruising Club.

1.2 Rules

The Regatta will be governed by the rules as defined in The Racing Rules of Sailing. Handicaps allocated by the FYCA for 2025 will be used where possible. If no FYCA handicap is available then Trail Numbers will be issued based on similar yachts.

1.3 Safety Regulations

FYCA Safety Regulations Category 4R applies.

A boat that retires from the race shall notify the Race Committee as soon as possible.

The Race Officer will maintain a listening watch on Channel M1(37) for the communication of safety information. Boats shall carry adequate life-saving equipment for all persons on board.

Whilst not compulsory, FCC encourages the wearing of life jackets at all times.

As a last resort to avoid obstructing ships a boat may use her engine or other means of propulsion without retiring but must report such use to the race officer after finishing. A penalty may be imposed if advantage is deemed to have been gained. This amends RRS 42 propulsion.

1.4 Notices to Competitors

Notices to competitors, if any, will be posted on the official notice board located in the FCC clubhouse. They will also be available on the FCC website.

1.5 Changes to the Sailing Instructions

Any change to the sailing instructions will be posted on the notice board & website by 2000 hrs on the 25th of July 2025.

1.6 Signals made ashore

Signals made ashore will be displayed using the lights and sound signals at the FCC starters hut, located on the end of Brucehaven Pier.

1.7 Classes

Class Eligible yachts

Division 2 Yachts with FYCA handicap ≥ 975

The race committee reserve the right to combine classes if required. Competitors will be notified by VHF no later than fifteen minutes prior to the first starting signal.

2.0 SCHEDULE OF RACES AND CLASS SIGNALS

SATURDAY

CLASS	FIRST WARNING SIGNAL	START TIME
Div 2	1455	1500

SUNDAY

CLASS	FIRST WARNING SIGNAL	START TIME
Div 2	1540	1545

3.0 COURSE AREA

The main race area is the arena to the West of Dhu Craig starboard hand buoy and to the East of the Hen & Chickens starboard channel buoy.

Competitors are reminded that Forth Navigation byelaws give shipping the right of way.

Any boat obstructing shipping may be liable to disqualification and possible prosecution.

Competitors are reminded to check the current Notices to Mariners, particularly with reference to the minimum distances to Rosyth Docks & Crombie Pier.

3.1 The Course

The course diagrams and order of rounding of marks will be shown in the 2021 FCC course chart attached (Admiralty Chart Number 737 River Forth Rosyth to Grangemouth shows the relevant waters).

The course to be sailed will be displayed in the South window of the starters box and will also be given via VHF on ch.M1

3.2 Marks

Marks of the course are as described in the FCC course chart attached.

4.0 THE START

Races will be started using the three white lights mounted on the race hut and the use of a sound signal as described below:

Warning signal; 5 minutes to start, 3 lights on and 1 sound signal.

Preparatory signal; 4 minutes to start, 2 lights on and 1 sound signal.

One minute to start; 1 light on and 1 sound signal.

Starting signal; all lights off and 1 sound signal.

This alters RRS 26.

4.1 Start Line

The start line is a line between the flagpole in front of the starter's hut and the outer distance mark 'O' and is limited by an inner distance mark 'N'. Boats must start between the outer distance mark 'O' and the inner distance mark 'N'.

4.2 The Finish

The finishing line is a line between the flagpole in front of the starter's hut and the outer distance mark 'O' and is limited by an inner distance mark 'N'. Boats must finish between the outer distance mark 'O' and the inner distance mark 'N'.

4.3 Time Limit

The absolute time limit will be 2 hours 30 minutes for each race for each class.

Boats failing to finish within this time will be scored 'Did Not Finish'. This alters rule 35 and A4.1.

4.4 Postponement Before the starting signal for any reason the race officer may postpone the race.

To signal this he will light the orange rotating beacon and give 2 sound signals. The warning signal for the new start will be 1 minute after the light has been turned off with one sound signal.

This alters rule 27

5.0 Recalls

5.1 Individual recall

When at a boats starting signal any part of her hull, crew or equipment is on the course side (OCS) of the starting line she must comply with rule 30.1 the race officer will promptly light the orange rotating beacon with one sound signal. The beacon shall remain lit until all such boats have sailed completely to the pre-start side of the starting line or it's extensions before starting but no later than four minutes after the starting signal or one minute before any later starting signal. OCS sail numbers will also be read out on Ch.M1(37).

This alters rule 29.1 & 30.1

5.2 General Recall

When at the starting signal the race committee is unable to indentify boats that are on the course side of the starting line or there has been an error in the starting procedure, the race committee may signal a general recall. To signify a general recall all of the starting lights will be lit and two sound signals will be made. The warning signal for a new start will be made one minute after the lights have been turned off with one sound signal. The starts for any succeeding classes will follow the new start.

This alters rule 29

6.0 ALTERNATIVE PENALTIES

A boat arriving late for the start may remain under propulsion after her preparatory signal until, but not after, her class starting signal. After ceasing such propulsion, and before starting, she must carry out a 720 deg turn on the pre-start side of the line after getting well clear of other boats.

7.0 PROTESTS

Boats intending to protest for on the water incidents should draw the attention of the race officer to their protest by hail or on VHF channel M1. After crossing the finish line. Protests must be lodged in writing at the race office (situated within the FCC clubhouse) within 2 hours of the last yacht finishing the class to which the protest applies.

This time will be displayed on the official notice board.

These changes are in addition to RRS Section 5

7.1 The time and place of hearings will be displayed as soon as possible on the official notice board. It is the responsibility of all competitors to check on their involvement with protests and to appear at the appointed time.

8.0 SCORING

Each boat *starting* or *finishing* and not thereafter retiring, being penalized or given redress shall be scored using the low points system.

9.0 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

10.0 PRIZES

The prize-giving will take place at the FCC clubhouse approximately one hour after the finish of the last race on Sunday.

11.0 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

12.0 INSURANCE

Each participating yacht shall be insured with valid third-party liability insurance with a minimum cover of **£2,000,000**.